

# THRIVING TOGETHER



A SPRINGBOARD FOR EQUITABLE RECOVERY & RESILIENCE IN COMMUNITIES ACROSS AMERICA

**Across America and beyond, we aspire to become thriving people in a thriving world.**

In 2020, that quest grew much more difficult: at whiplash speed, we are now struggling and suffering through profound losses and ghastly experiences of systemic racism. Generations before us have endured sweeping adversity and sometimes found the strength to make great strides toward well-being and justice. Once again, our resilience and humanity are being tested. Yet we have the power to change course and renew our lives together.



## THRIVING NATURAL WORLD

*Sustainable resources, contact with nature, freedom from hazards*



## BASIC NEEDS FOR HEALTH & SAFETY

*Basic requirements for well-being*



## HUMANE HOUSING

*Humane, consistent housing*



## MEANINGFUL WORK & WEALTH

*Rewarding work, careers, and standards of living*



## LIFELONG LEARNING

*Continuous learning, education, and literacy*



## RELIABLE TRANSPORTATION

*Reliable, safe, and accessible transportation*



## BELONGING & CIVIC MUSCLE

*Sense of belonging and power to shape a common world*

PLACE • FAITH

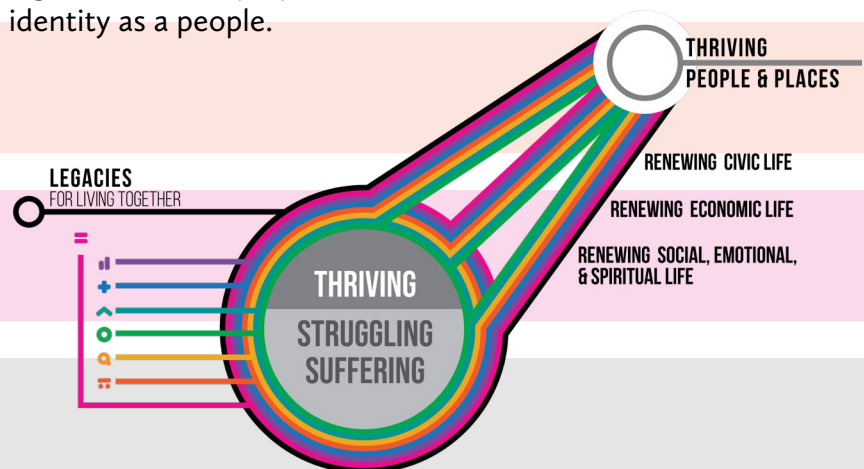
INVESTMENT • MEASUREMENT

Communities across the country have an immense reservoir of energy, courage, and imagination. Our best hope for changing course is to organize local and nationwide action around a single unifying—and measurable—expectation: **All people and places thriving—no exceptions.**

This is our north star. It conveys our commitment to create communities where all people have a fair chance to participate, prosper, and reach their full potential.

Our freedom to thrive depends on having a consistent set of vital conditions such as clean air, fair pay, humane housing, early education, routine health care, and other pragmatic necessities. They shape the exposures, choices, opportunities, and adversities that we each encounter throughout our lives.

We inherit vital conditions from our predecessors—their legacies are the starting points for our lives. However, we possess enormous capacities to transform current and future conditions, for better or for worse. The work at hand is to define the imperatives that will shape legacies for the next generation—the legacies that will prepare us for future crises and determine our identity as a people.



## 100+ CONTRIBUTORS

This Springboard, assembled from May–June, 2020, describes how we see the current situation and what we could do, together, to emerge from the compounding crises of 2020 with greater resilience, humanity, and direction. This document is an imperfect work-in-progress, written for today, yet part of a larger story in a long, evolving movement for well-being and justice.

100 MILLION HEALTHIER LIVES • AFFECT MENTAL HEALTH • ALGOMA SCHOOL DISTRICT • ANNIE E. CASEY FOUNDATION • BOLDT • THE CASE MADE • CENTER FOR GOOD FOOD PURCHASING • CHILDREN & NATURE NETWORK • CHILDREN OF THE SETTING SUN PRODUCTIONS • CINCINNATI CHILDREN'S HOSPITAL, UNIV OF CINCINNATI COLLEGE OF MEDICINE • COMMUNITY SOLUTIONS • DATA ACROSS SECTORS FOR HEALTH • DFI CONSULTING • EDUCATION REDESIGN LAB, HARVARD GRADUATE SCHOOL OF EDUCATION • ENTERPRISE COMMUNITY PARTNERS • FOX VALLEY TECHNICAL COLLEGE • FUNDERS FORUM ON ACCOUNTABLE HEALTH • GROWTH PHILANTHROPY NETWORK • HARVARD MEDICAL SCHOOL • HOPE CENTER AT TEMPLE UNIV • ILLINOIS PUBLIC HEALTH INSTITUTE • INSTITUTE FOR HEALTHCARE IMPROVEMENT • INSTITUTE FOR PUBLIC LIFE AND WORK • LISTEN FIRST PROJECT • MICHIGAN PUBLIC HEALTH INSTITUTE • NATIONAL COMMUNITY REINVESTMENT COALITION • NATIONAL LEAGUE OF CITIES • NATURAL RESOURCE DEFENSE COUNCIL • NDN COLLECTIVE • NORTH SOUND ACCOUNTABLE COMMUNITY OF HEALTH • POLICYLINK • PROSPERITY NOW • PROVISIO PARTNERS FOR HEALTH • RETHINK HEALTH • SKILLFUL MEANS • SOCIAL IMPACT EXCHANGE • SOUTH FULTON PEOPLE CENTERED ECONOMIC DEVELOPMENT COLLABORATIVE • STAKEHOLDER HEALTH, WAKE FOREST SCHOOL OF MEDICINE • STRIVETOGETHER • THEDACARE • TRANSPORTATION FOR AMERICA • TRUST FOR AMERICA'S HEALTH • UNIVERSITY OF NORTH CAROLINA/ASPEN INSTITUTE • UNIV OF VIRGINIA SCHOOL OF LAW AND MEDICAL SCHOOL • VIBRANCY • WELL-BEING AND EQUITY IN THE WORLD • WELL BEING TRUST • WEST VIRGINIA UNIV • WIN NETWORK • YALE SCHOOL OF MANAGEMENT • YALE SCHOOLS OF MEDICINE AND PUBLIC HEALTH

## This Springboard is designed to help us open a new chapter in America's quest for well-being and justice.

It does not tell us what to do or how to act. It simply organizes the things that all people and places need in order to thrive. This same framework has been incorporated into the Healthy People 2030 Objectives for the nation, as well as the forthcoming Surgeon General's Report on Community Health and Economic Prosperity. And it fits seamlessly with a uniform set of Well-Being in the Nation (WIN) Measures that are freely available to communities across the country. Most importantly, it is being embraced by a growing network of fellow system stewards.

It is organized into the following sections:



**Changing Course Summaries** are brief chapters focused on the vital conditions and selected topics. Each adapted summary features working definitions, recent facts, key issues, and key pivotal moves that stand out as high priorities for quick action. The full source documents from contributing author groups are in the **Deep Dives**.



**Paths to Renewal** point to larger and longer-term ways of renewing Civic Life, Economic Life, and Social, Emotional, and Spiritual Life. These brief profiles pose questions rather than provide answers and include key trend benders that could play out over a decade. Each section ends with a curated list of the measures that matter for learning together. No single renewal could fully succeed alone, but together they could be truly transformational.



**Advancing a Thriving Movement** reminds us of the momentum underway in America for well-being and justice. This vast movement of movements includes many ways to create thriving communities, each fit to its own place and organizational context. America's movement for well-being and justice can never be codified in a single playbook. Yet, it can spring forward with great force and direction if we pursue our priorities, together, to make change happen where it counts.

**Now is the time to draw from our immense reservoir of resilience and humanity to realize a future in which all people and places are thriving—no exceptions.**

*Thriving Together: A Springboard for Equitable Recovery and Resilience in Communities Across America* is a joint project of the CDC Foundation and Well Being Trust, coordinated with Community Initiatives and ReThink Health.