We seek to be an inclusive Christian community that affirms faith in God and spiritual growth with a commitment to justice and stewardship of God’s creation.

A new season provides a window of opportunity!

See pages 4-5 for many ways you can engage.
Member News: PPUMC Retreat Reflection

Six women of PPUMC spent the glorious weekend of September 15 at ARC Retreat Center in Stanchfield, Minnesota.

Speaking for myself, I relished the time together spent mostly in heartfelt conversation. Nurtured with delicious meals, we had the options of energizing country road walks, moseying around the lovely grounds and gardens, or time spent in solitude and contemplation or reading and resting.

The chemistry of this group seemed to result in many conversations that increased the quality of our relationships.

-Ginia Klamecki
PPUMC Community Concert Series: Year 8

First Saturday Folk

Songs for the Journey
Songs to travel by, sing-alongs and folk favorites old and new!

Saturday
October 14, 7:00 P.M.
22 Orlin Ave. S.E., Mpls.
FREE and open to all - children welcome!

A free-will offering will be taken for
Pratt Community School
612.378.2380/prospectparkchurch.org
Park in Pratt School lot across the street.

Save the date for more concerts to follow:
(all on 2nd Saturdays of the month at 7 pm)

November 11: Turtle Creek & Inclinations/Southeast Seniors
December 9: Musical Chairs/FamilyWise
January 13: Timbre Junction/Habitat for Humanity
February 10: MN BoyChoir/Beacon (Families Moving Forward)
March 10: Fletcher Magellan/Glendale Food Shelf
April 14: Calliope Women’s Chorus/Voices for Racial Justice
May 12: Tower Hill Brass/MN Interfaith Power & Light
Pastor’s Corner

September has been an exciting month. The joy of reunion after summer adventures was palpable on Rally Sunday. So many of us gathered for celebration and worship, and then marched through the “Gates of the Temple” the children had created for us, to talk together and enjoy the DELICIOUS food prepared for us by a fabulous crew!

Something is bubbling. Many of the leaders of teams and circles and committees of the church set up tables and have told stories of marvelous contacts made and energy shared. There are new possibilities of working – and singing – and playing together in the coming months.

Then, of course, there were many people who either weren’t present on the day of Rally Sunday or didn’t have the chance to visit every single table! So, we’d like to make certain that everybody has a chance to get a glimpse at the opportunities there are to join with others in some project – whether short term or ongoing.

One of the things we did during worship was to discover Postcard Pals. People who chose to participate are now partnered 2 by 2 and have shared birthday dates and contact information so that they can have a reason to connect each other – at least once! – during the year. If anyone who wasn’t present that day is interested in being and having a Postcard Pal, please let me know. (For people who already have a Pal, here is a nudge to maybe take a moment to plan a “thinking of you.”) My email: dragonflize@earthlink.net; phone: 612-965-0178; note: on my office door!; face to face!!

Here are some other opportunities from the worship table. Again, if you would like to know more or to “sign up,” please let me know!

Would you like to become a member of PPUMC? We have at least a half dozen interested folks. If you would like to add your name to the list, I will contact the group to find a time that works for us.

Would you be interested in sharing a reflection on Sunday morning, i.e., would you like to preach/speak?
Our congregation enjoys variety. Some possible topics:

- How does your faith show up when you are out and about in the world and/or in the work you do?
- Is there a particular insight or transformation you have experienced that you could share?
- What does being part of a church community mean to you?
- Have you been ever been reborn, or “born again,” and what does that mean to you?
- A reflection on a particular scripture passage – one you like or one you find in the lectionary or elsewhere.

I am ready as a support to whatever degree you like.

Would you be interested in being part of a group scripture preparation process for special services?

We often bring scripture onto its feet extemporaneously during worship; this might be similar, but prepared in advance. As an example, you might recall the reader’s theater style Pentecost scripture presentation this past spring.

Would you like to help design an electronic fund transfer card for use in worship?

Would you like to help send food home with Pratt School Children? Plans are firming up for our Friday mid-afternoon food distribution (see page 14). We have several volunteers, and welcome more.

Would you like to be a Communion Server? Our faithful servers, Mary Parish and Tom Pederson continue, and we are grateful. There is room for more, and it is a real privilege from my point of view to serve in this way.

These opportunities are all from the worship table alone! There were other tables representing other areas of the life of the church: Trustees (Marilee Johnson), Care Team (Ann DeGroot), Choir (Dave Nyberg), Earth Keepers (Cathy Valesquez Eberhart), Adult Education (Greg Neumann), Communications (Cassie Davies-Juhnke), Staff Pastor Parish Relations/SPPR (Mike Hvidsten), Concert Series Committee (Steve Ozanne). ANY of these would welcome your questions and interest!

Wow. Just plain old glorious WOW!
Pastor Chris
PPUMC Annual Bazaar & Art Fair  
Saturday, November 4! 9 am—3 pm

Wanted: Baked goods, savory or sweet, tasty to eat! Jams, jellies, candied nuts! Homemade treats of any kind. What can you bring to the PPUMC Ovens on November 4?

Want to be an artist vendor?

Would you like to volunteer?

Email ppumcartfair@gmail.com to learn more.

Bazaar Co-Chairs: Tamara Brown & Patti Elliot Allen
Art Fair Co-Chairs: Angela Hed Vincent & Kristi Adams

Twice Nice 2017

Twice Nice is changing, just a little. New Bazaar Chairs, new thinking about what Twice Nice can be. This area of the Bazaar has outgrown and overflowed the available space. Last year the number of items donated was so large that Twice Nice flowed like lava down the steps of the stage area oozing toward the bake sale, the boutique, and people enjoying their lunch. At the end of the day there were many, many items left. These items were boxed up and taken in five car loads to the Goodwill.

Here are some of the changes for this year:

- All items will be neatly displayed either on the stage or in the Sunday School room.
- There is a list that follows this article that offers some guidance for what to bring.
- Please limit your donations to two boxes per household.
- The chair people of Twice Nice reserve the right to refuse donations based on space availability or condition of the donated items.
**Twice Nice Welcomes Your Donations**
*Please consider the following guidelines:*

**Yes**
- **Home Office**
  - Printer paper
  - Clean notebooks
- **Toys**
  - All parts present
  - Puzzles, see above
- **Kitchen**
  - Small appliances that work
  - Dishes
  - Gadgets
- **Books**
  - Kids
  - Local authors
  - Cookbooks
  - Fiction/non-fiction
- **Holiday**
  - Current
  - Relevant
  - Clean
- **Sporting goods**
  - Functional
  - Current
- **Household**
  - Clean
  - Usable

**No**
- **Home Office**
  - Printers
  - Binders
  - Plastic sorter things
- **Toys**
  - Broken
  - Games/parts missing
- **Kitchen**
  - Plastic ware
  - Full sets of dishes
- **Books**
  - Text books
  - Encyclopedias
  - Sets (ie Time-Life)
- **Holiday**
  - Vintage
  - Dusty
  - Someone else’s name is on it
- **Furniture**
  - 2 person carry
  - Upholstered
  - Needs repair
- **Sporting goods**
  - Skis w/ outdated bindings
- **Miscellaneous**
  - Commercial art/photos
  - Linens
  - Pillows
October Events

TRAFFIC ALERT! twin Cities in Motion: The Medtronic Twin Cities Marathon 36th event will be Sunday, October 1. The 10 mile run begins at 7 am and the marathon at 8 am. Both races begin near the US Bank Stadium in downtown Minneapolis, and end at the State Capitol in St Paul. Road closure and course-crossing information is available on the race website: tcmevents.org. Road closures on Sunday begin at 6:15 am on the 10 mile course, and 7:30 am on the marathon course. If you’d like to participate as a volunteer, contact the volunteer manager at volunteer@tcmevents.org or sign up there online.

Pratt Community Education Fall Classes Begin October 2. Join the community of lifelong learners at Pratt Community Education, 66 Malcolm Ave. SE, Mpls. For more information or to register call 612-668-1100, or visit their website at www.mplscommunityed.com.

Rhythm Kids by Music Together/Purple Crayon Lab: an interactive drum and rhythm based program, available for the first time at PPUMC, is taught in two levels: 1) four and five year olds and 2) grades K-2. The world of rhythm will be opened through songs, drums, games and group activities as children find their jam! From drumroll to encore, Rhythm Kids can help prepare your child for the next step in music- whatever that may be! Classes begin on Monday, October 2 in the Chapel at PPUMC, 7:15-8 pm, and will run nine weeks. Additional class times may be offered too. For more information and to register, contact Frances Durkin: francesdurkin@gmail.com, 612-481-2248.

Music Together returned Thursday, September 28, with classes for infants and young children starting at birth! Two sessions are offered: Mondays, 12:30-1:15 pm, and Thursdays, 10-10:45 am at PPUMC in the Chapel. Contact Frances Durkin regarding cost and availability: francesdurkin@gmail.com, 612-481-2248.
**First Saturday Folk Rehearsal:** Saturday, October 7, 1-3 pm, and Friday, October 13 6-10 pm in the sanctuary.

**Fair Trade Sale:** Sunday, October 8. Page 7.

**PPUMC Charge Conference:** PPUMC will hold a charge conference in the few minutes immediately following worship on Sunday, October 8 with the purpose of approving continuance of Abigail Ozanne as a certified candidate for ordination.

**PPUMC Women’s Group:** Gather with the women of PPUMC for breakfast at the Egg and I restaurant on Wednesday, October 11 at 8:30 am, 2550 University Ave W in St Paul, MN 55103. Enjoy great food and conversation, with no clean up!

**PPUMC Men’s Group:** Men of PPUMC are invited to a monthly breakfast meeting on Saturday, October 14 at 8:30 a.m., hosted by Clyde Cutting at 2851 33rd Ave. South, Minneapolis, MN 55406. Tel: **612-392-8351**.

**PPUMC’S Community Concert Series** presents **First Saturday Folk** as they perform *Songs for the Journey* on Saturday, October 14 at 7 pm to support **Pratt Community School**. Page 3.

**PPUMC Administrative Council Meeting:** Tuesday, October 17, 7 pm in PPUMC’s Community Hall.

**For One Incredible Day:** on Saturday, October 28, the United Methodist Church and United Methodist Women invite you to join them to work on painting, refurbishing and redecorating every resident room at Emma Norton Residence. Details, including how you can help, on page 15.
<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
</tr>
<tr>
<td>9:30-10a</td>
<td>12:30p Music Together 6p Yoga 6:30p Wayward Theatre Rehearsal 7p Community Choir</td>
<td>6:30p Wayward Theatre Rehearsal 7p Community Choir</td>
<td>6p Covenant 6p HW 6:30p Wayward Rehearsal 7p PPUMC Choir</td>
<td>5a Music Together 5p Organ Practice</td>
<td>4p Organ Practice 5p Organ Practice</td>
<td>9a Organ Practice 10a AA Meeting 1p First Sat Folk Rehearsal 3p Calliope Women’s Chorus Retreat</td>
</tr>
<tr>
<td>10-11:15a</td>
<td>11a-11:15a</td>
<td>11a-11:15a</td>
<td>11a-11:15a</td>
<td>11a-11:15a</td>
<td>11a-11:15a</td>
<td>11a-11:15a</td>
</tr>
<tr>
<td>8 9:30-10a</td>
<td>9</td>
<td>10</td>
<td>11</td>
<td>12</td>
<td>13</td>
<td>14</td>
</tr>
<tr>
<td>15 9:30-10a</td>
<td>16</td>
<td>17</td>
<td>18</td>
<td>19</td>
<td>20</td>
<td>21</td>
</tr>
<tr>
<td>Coffee &amp; Conversation 10a Worship 10-11:15a Sunday School 11-12 3p High Youth Group 11:15 Adult Ed 5p Compassion Worship</td>
<td>12:30p Study Club 12:30p Music Together 6p Yoga 7:15p Rhythm Kids</td>
<td>7p PPUMC Admin Mtg 7p Community Choir</td>
<td>6p Covenant 6p HW 7p PPUMC Choir</td>
<td>10a Music Together 5p Organ Practice</td>
<td>4p Organ Practice 5p Organ Practice</td>
<td>9a Organ Practice 10a AA Meeting</td>
</tr>
<tr>
<td>22 9:30-10a</td>
<td>23</td>
<td>24</td>
<td>25</td>
<td>26</td>
<td>27</td>
<td>28</td>
</tr>
<tr>
<td>29 9:30-10a</td>
<td>30</td>
<td>31</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**PREPARE TO SET YOUR CLOCKS BACK!**

Daylight Savings Time will change on Sunday, November 5th. Turn clocks back and take an extra hour of rest the evening after our PPUMC Bazaar and Art Fair on Saturday, November 4th.
Christian Education
Sunday School: 10-11:15 am (new time)

Sunday School is off to a great start at PPUMC. During September our elementary students have:

- Built the “Gates of the Temple” outside the community/fellowship hall.
- Learned the story of the house built on the sand versus the house built on the rock.
- Created welcome signs for the Sunday School room.
- Given money to help refugees and people effected by the hurricanes and earthquakes through UMCOR (United Methodist Committee on Relief)
- Learned that a 3-legged race takes a lot of cooperation between partners
- Begun to memorize “The Lord’s Prayer”
- And much more!

K – 8 Sunday school begins at 10:00am in the worship service upstairs and then moves downstairs after the Children’s time, ending by 11:15am.

High School Youth Group: 11 am—noon

High School Sunday School begins at 11:00am in the fellowship/community hall and then progresses upstairs or outside for discussion and activities, ending at 12:00pm.

Care for Babies+Pre-schoolers: 10-11:15 am
Care for all Children: 11:15 am -12:15 pm

The nursery is open for babies – preschoolers from 10:00-11:15am and all children from 11:15am-12:15pm with our wonderful caretaker, Melissa Hodne.
Adult Ed NEW TIME: 11:30 am-12:30 pm

During October we will try something new. We will begin class at 11:30 so that we will have a chance to socialize just a bit before we exit Community Hall for the Chapel. We’re hoping to enjoy a much cleaner start to Adult Ed – and some precious social time as well! Some may need to leave before 12:30. We’ll see how it works.

This fall we are looking at scripture together, each week having a conversation about the selections from the Revised Common Lectionary. This is a set of four texts: Older Testament, a psalm, a gospel reading and a passage from an epistle. These sets of passages are selections used as worship texts by many denominations around the world and are organized Sunday by Sunday in cycles.

If this interests or intrigues you, please try it out. No advance preparation is necessary.

If you have ideas or input for future adult education ideas, please contact:
Greg Neumann, gneumann28@hotmail.com, 952-715-0820

PPUMC Choir

With fall in the air, we’re excited to be on our way with another PPUMC Choir season – we hope you’ve enjoyed our musical offerings so far and found them a meaningful part of worship!

We have an eclectic lineup of anthems planned for October, featuring the music of George Frideric Handel; Stephen Schwartz and “Godspell”; African-American composer and Methodist minister Dr. Charles Albert Tindley; American icon Aaron Copland, and German dissident theologian Dietrich Bonhoeffer. We’re hoping the variety of selections match the fall colors all around!

As always, we invite you to join us - the choir rehearses each Wednesday evening at 7 o’clock in the PPUMC sanctuary, with our Sunday schedule starting at 9:05 and worship at 10. If you have questions, please feel free to contact me. Thank you for your support!

-Dave Nyberg, PPUMC Choir Director 651-341-6401, or davenyberg@comcast.net.
Social Justice Matters

PPUMC PARTNERS WITH SHERIDAN STORY PROJECT FOR 2ND YEAR TO FEED CHILDREN:

One of PPUMC’s first projects of the fall is to come together to help feed some of the children at Pratt Community School as partners with the Sheridan Project. Each Friday, two or three of us will go to the school and quietly distribute bags of food to supplement families' meals over the weekend. If you have time and interest, please talk to Anna Rieth or Pastor Chris about helping on one or more Friday afternoons around 2 pm.

Anna: prospectparkumc@gmail.com 612-378-2380;
Pastor Chris: dragonflize@earthlink.net 612-965-0178.

EQUITABLE TRADE

At PPUMC we support Fair Trade cooperatives by having a monthly Fair Trade sale. Our support of equitable trade benefits farmers, workers, consumers, and the earth. Use this purchasing opportunity to "love our neighbors" around the world. Our PPUMC Fair Trade sale on Sunday, October 8, will have available Fair Trade chocolate, Velasquez Family Coffee from Honduras, and weavings from India before and after the 10 am Sunday service.

A NOTE FROM KELLEY RAE JEWETT:

Dear friends,

I am in need of someone to take over selling the chocolate and tea once a month at church—it just isn't working out for me to do it anymore. If you are interested, please let me know. It involves ordering and storing the goods and turning the money into the church after each sale.

You can reach me by email at kelleyjewett@yahoo.com or at 612-729-5814.

Thanks,
- Kelley Rae Jewett
FOR ONE INCREDIBLE DAY  the United Methodist Church and United Methodist Women invite you to join them to work on painting, refurbishing and redecorating every resident room at Emma Norton Residence.  
~ Emma Norton helps more that 200 women and children with permanent housing and supportive services each year. Mark your calendar to make a difference on Saturday, October 28th. To volunteer contact Becky Boland at bboland@emmanorton.org or 651-251-2662.

Poet’s Place

WHAT IF...
you must grab fast to save precious irreplaceable photos as water rises or fire rages or wind collapses walls?

What if the gifts from Mom, Dad, sister, friends (who have left this earth for eternity) are lost, damaged, destroyed?

What if you must give up your home, your favorite pillow, your car, your pet dog, your communion necklace- in order to save your life, your family's lives?

Family, friends, neighbors, relatives- of course, are the most important. So is food and water and gas to escape disruption-despair-destruction.

God be with refugees from these hardships. God be with those who cannot return. God be with those who need help. God be with us- to care, to assist.

-Joy DeHarpporte

As we pray for all who have been impacted by recent natural disasters, PPUMC member Joy DeHarpporte offers this poem. Joy is a retired teacher engaged in social justice initiatives, in addition to being a poet.
Reflection

Freedom in Constriction

When seekers trekked out to the desert in the early centuries of Christianity, the wise Abbas and Ammas there advised them to “go to your cell, and your cell will teach you everything.”

Really?!

I’ve been mucking around in this pre-original-sin wisdom lately, and, let me tell you, it’s mind-bending. Mistakes, weaknesses, temptations, sins—Augustine hadn’t yet made of these cause for guilt and shame, so instead they’re understood as unavoidable, even necessary to the life of faith, and worthy of gratitude. In story after story, thieves create chances for the monks to release material attachments and exercise compassion. The devil comes not as the temptation to do bad things but rather as distracting thoughts. This is a topsy-turvy faith, barely recognizable today as Christianity.

You want meaning or purpose in your life? You want to find your Source? Go to your cell. For those desert monastics, the cell was a solitary cave located a good day’s walk from anyone else’s cave. Sounds pretty grim to me, although in these sayings the word “cell” is spoken with such affection, it’s worth reconsidering.

The cell I know best and truly love is a blank page. I often say to my writing students, “Go to the page and the page will teach you everything you need to write.” Sure, we can learn from good teachers and great literature and helpful peers, but the essential learning happens by writing. I suspect the Abbas and Ammas experienced the emptiness and quiet of their cells the same way writers experience the page—as a place to practice ongoing engagement with what’s most life-giving.
The cell of the page (by way of example) is expansive. At first it takes some discipline to begin; we have to push away other obligations, we have to dismiss our own judgments, we have to focus. When we finally enter the blank page, we discover how permission-giving it is and how full of revelation. Eventually writers learn to expand the length and breadth of that space by dismissing the inner critic, so we no longer care about messy handwriting or bad spelling or half-baked ideas, or by dismissing our concerns about a readership’s judgment. By disciplining ourselves to think differently, we can find greater and greater freedom.

Essentially, the page teaches asceticism. We postmodern folks dismiss asceticism as a bizarre abstention from indulgence, but the desert tradition teaches otherwise. “The cell stands for any set of self-limiting conditions voluntarily embraced, which in an identical way furnish the conditions for spiritual work,” my teacher Cynthia Bourgeault writes. In an ironic, paradoxical way, some self-limiting conditions make us more free. Go figure.

Or, as Abba Poemen said, “Do not give your heart to that which does not satisfy your heart.” The spiritual path requires letting go of what doesn’t give us life and giving ourselves wholly to what does. From the outside this can look dire, but from the inside the story’s quite different. What a topsy-turvy faith!

--Elizabeth Jarrett Andrew

Elizabeth Jarrett Andrew is a published author, writing instructor and spiritual director living in Minneapolis, MN. She is a recipient of a Minnesota State Arts Board artists’ fellowship, the Loft Career Initiative Grant, and a finalist for the Minnesota Book Award. She shares her monthly blogpost here and at: http://www.elizabethjarrettandrew.com/.
Happy Birthday!

Aiden Erickson          October 1
Pastor Chris Kliesen Wehrman   October 2
Manu Erickson          October 3
Ginia Klamecki          October 6
Sam Kristensen          October 7
Ruth Axtell-Adams       October 26

Happy Anniversary!

Jason & Manu Erickson       October 19
Holly & Nathaniel Olsen     October 31

Seven Things You Should Never Say - from Caring Bridge

1. Everything happens for a reason...
2. This is God's plan...
3. What doesn't kill you, makes you stronger...
4. At least it's not cancer...
5. Just think positive thoughts...
6. God doesn't give you more than you can handle...
7. At least you have one healthy child...

Joy DeHarppporte's SEVEN SUGGESTIONS to help someone through tough times:

1. Ask if she/he would like to walk-talk.
2. Use active listening.
3. Offer transportation help.
4. Offer food.
5. Ask if he/she would like prayer.
6. Offer "normal" conversation (not to share your own problems).
**PPUMC Sunday Schedule:**
*September-May*

**Coffee & Conversation:**
9:30-10 and 11-11:15 a.m.

**Worship:** 10 a.m.

**Sunday School:**
*New Time!* 10-11:15 a.m.

**Sr High Youth Group:** 11 am-noon

**Adult Education:** 11:15 am—12:15 pm

---

**The Ministers are all the people of the church:**
“The world is our parish.”

**PPUMC Staff:**

Pastor: Rev. Chris Kliesten Wehrman  
612-965-0178 dragonflize@earthlink.net

Administrative Assistant: Anna Rieth  
612-378-2380 prospectparkumc@gmail.com

Communication Intern: Cassie Davies-Juhnke  
cdaviesjuhnke@gmail.com

Lay Leader: Ann DeGroot  
Choir Director/Song Leader: David Nyberg  
Organist/Music Director: Frank Trnka  
Custodians: Liam Anderson and Adam Sanders  
Nursery Caregiver: Melissa Hodne

**Typical Office Hours:** Tuesday – Friday, 12 pm–4 pm  
The office is closed Mondays.

---

**Your Help with Sunday Hospitality Is Appreciated!**

Before and after church service, coffee's great. Tea is too. It’s also nice to have a treat on Sunday morning. A sign-up sheet is in Community Hall. A treat, a natural snack (veggies; fruit), and a cold juice would be welcomed.

Judy and Janet WestLee, Joy and John DeHarpporte, and Arie Wojtowick will help with set up and/or clean up.